

CORONAVIRUS FACT-CHECKING

A guide to false Coronavirus theories



"DRINKING HOT WATER KILLS CORONAVIRUS"

There is **no evidence for this claim**. This claim may have come from a WhatsApp that have Unicef branding on them.



"CHILDREN CANNOT GET CORONAVIRUS"

There **have been cases** of children testing positive for Coronavirus, and therefore **they are not immune**.



"ADDING PEPPER TO YOUR FOOD PREVENTS CORONAVIRUS"

There is **no evidence for this claim**. The best way to prevent yourself is social distancing and washing your hands frequently and thoroughly.



"THERE ARE DRUGS AVAILABLE THAT ALREADY CURE CORONAVIRUS"

There are **several drug trials ongoing** to discover the best treatment for coronavirus. The WHO is coordinating efforts to develop medicines for this virus.



"BEING ABLE TO HOLD YOUR BREATH FOR 10 SECONDS OR MORE WITHOUT PROBLEM MEANS YOU DON'T HAVE CORONAVIRUS"

You **can still have coronavirus if you have no discomfort when holding your breath**. The most common symptoms of the virus are a dry cough and a temperature. Having Coronavirus can only be confirmed with a test.



"EXPOSING YOURSELF TO SUN OR TEMPERATURES HIGHER THAN 25 DEGREES PREVENTS OR CURES CORONAVIRUS"

You **can still catch coronavirus no matter how sunny or hot the weather is**. The best way to prevent yourself is social distancing and washing your hands frequently and thoroughly.

All fact checking courtesy of the **World Health Organisation**.
Fact check theories on these sites:

- fullfact.org/health/coronavirus/
- Search "WHO myth-busters"